

# Phrasal Verbs

źródło: [www.ang.pl](http://www.ang.pl)

<b>A</b>		
<b>adhere to</b>	trzymać się (np. zasad)	If you refuse to adhere to the rules of the club, you may be expelled.
<b>aim at</b>	dążyć do czegoś/być skierowanym na coś	Most of his books are aimed at teenager readers.
<b>answer back</b>	odpowiadać niegrzecznie, pyskować	How dare you answer back like that?!
<b>answer for</b>	rećzyć za	I can answer for her qualifications in the field.
<b>answer for sb/sth</b>	odpowiadać za coś, ponosić odpowiedzialność	You can't make me answer for his mistakes. That's unfair!
<b>ask after sb</b>	pytać o kogoś, dopytywać się	He seems to be really interested - he keeps asking after you.
<b>ask out</b>	zaprosić kogoś (do kina, restauracji)	You behave like a moron! Ask her out and then you will know if she likes you or not!
<b>associate with</b>	łączyć /wiązać coś z czymś	It's ridiculous to associate happiness with full bank account...
<b>B</b>		
<b>back out</b>	wycofywać się	Make them sign the agreement so that they would not back out from the project.
<b>back sb/sth up</b>	popierać, potwierdzać	Will you back me up if I present the alternative solution to the problem?
<b>bank on</b>	liczyć na coś	Tom is very disappointed as he banked on the pay rise and finally he didn't get it.
<b>be after</b>	poszukiwać, gonić, ścigać	John is after a job in marketing.
<b>be made for</b>	być stworzonym dla kogoś/siebie	Mary and Paul seem to be made for each other.
<b>beat sb up</b>	pobić kogoś/ poturbować	He was dragged out of the car and beaten up by the street gang.
<b>bend down</b>	pochylić się	Johnny! Bend down and do your shoelaces.
<b>blend in/into</b>	wtapiać się	Chameleons can blend in with their surroundings.
<b>boss about/ round</b>	rządzić/ dyrygować kimś	I hate when somebody wants to boss me around!
<b>break away</b>	wyłamać się	He wanted to break away from the traditional image of an artist and always wore suits in his studio.
<b>break down</b>	zepsuć się	They got caught quite easily as their runaway car broke down after few miles.
<b>break down</b>	załamywać się, kończyć się niepowodzeniem	The discussion broke down because nobody wanted to accept any compromise.
<b>break out</b>	uciec z więzienia	He broke out of the state prison last night.
<b>break out</b>	wyбуchać (o wojnie lub epidemii)	The anthrax epidemic was prevented from breaking out.
<b>break through</b>	przełamać coś/ przedrzeć się	The soldiers are reported to successfully break through the enemy's trenches.
<b>break up (with sb)</b>	zerwać z kimś	I didn't know Leven has broken up with Joe!
<b>breeze into (the building, etc)</b>	wchodzić gdzieś pewnie	She usually breezes into the meeting and shares her opinions with everybody present.
<b>breeze through</b>	przejsć przez coś z łatwością	He breezed through the university entrance exams.
<b>brighten up</b>	rozjaśnić, upiększyć	She put some flowers to the vase to brighten the room up.

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<b>bring about</b>	spowodować	Now we can just wait what these changes will bring about.
<b>bring back</b>	przywrócić	The photos we watched together brought back a lot of memories.
<b>bring down</b>	obalić	The present acute crisis in economy may bring the government down.
<b>bring sb around/round</b>	ocucić	We tried to bring her round but in vain.
<b>bring together</b>	pogodzić/polepszyć stosunki	The disaster brought the local community together.
<b>bring up</b>	wychować	She was brought up to respect other people.
<b>brush aside</b>	zignorować, odrzucić	He brushed aside his advisor's ideas and consequently lost the campaign.
<b>brush up</b>	podszlifować, odświeżyć (umiejętności)	He went to France to brush up on his French before the exam.
<b>bump into</b>	spotkać, 'wpaść' na kogoś	I bumped into my Mum when I tried to leave the house unnoticed.
<b>bundle up</b>	opatulić	She bundled the kittens up in blankets before taking them to the vet.
<b>burst in</b>	wtargnąć	The crowd burst in the palace and started the plunder.
<b>burst out</b>	wybuchać	He burst out laughing when he heard this joke for the first time.
<b>butt in</b>	wtrącać się, mieszać do czegoś	She got mad as he butted in once again with his stupid remarks.
<b>button up</b>	zapiąć guziki	Button up Billy, will you? It's quite cold today.
<b>C</b>		
<b>call in</b>	wpaść do kogoś	Call in for a cup of coffee when you are in town.
<b>call off</b>	odwołać (np. spotkanie)	They had to call the meeting off because their partners asked for more time to decide on conditions.
<b>calm down</b>	uspokoić się	They had a hard time in their relationship but now everything seems to have calmed down.
<b>care for</b>	opiekować się, troszczyć	She cares for her younger sister.
<b>carry on</b>	kontynuować	The light went out but the surgeon insisted on carrying on with the operation.
<b>carry out</b>	wypełniać, wykonać, zrealizować	I hope she will carry out her research as it may be a real breakthrough.
<b>catch up</b>	dogonić, dorównać	You will have to work harder in order to catch up with the rest of the team.
<b>cheat on</b>	zdradzać (żonę/męża)	She had a nervous breakdown when she discovered that her husband has been cheating on her.
<b>check in</b>	zgłosić się do odprawy	All the passengers should check in one hour before the departure.
<b>check off</b>	zaznaczać (np. na liście)	Please check off all the names on the list to make sure everyone's present.
<b>check out</b>	sprawdzać	Can somebody check out who is at the door?
<b>check out</b>	zdać pokój (w hotelu), wymeldować się	She checked out early in the morning and continued her journey.
<b>check up on sth/sb</b>	sprawdzać, kontrolować	I hate when he checks up on me to be sure that I go where I tell him.
<b>cheer up</b>	rozchmurzyć się, poweseleć	She went to the hairdresser to cheer herself up after the test.
<b>chew sth over</b>	rozgryźć coś, 'przeżuć'	OK. There is no need to hurry - you can just chew it over and give the answer next week.
<b>chill out</b>	'wyluzować'	Oh, come on! Get a drink and chill out!
<b>chip in</b>	zrzucić się	We all chipped in for our parents' present.
<b>clean up</b>	posprzątać	Clean up your room before you leave.
<b>clear sth out</b>	posprzątać dokładnie	Next weekend I'm gonna finally clear my wardrobe out.

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<b>clear sth up</b>	wyjaśniać, rozwiązywać (zagadkę, problem)	Yes, we had an arguement but we cleared it up already.
<b>clear up</b>	przejaśniać się (o pogodzie), przechodzić (o chorobie)	The weather's clearing up.
<b>cloud over</b>	zachmurzyć się	As the sky clouded over, we had to resign from sunbathing that day.
<b>come about</b>	zdarzać się	He said he had no idea how all these things may have come about in his company.
<b>come across</b>	sprawić wrażenie	John came across as being an extremely shy person.
<b>come across sth/sb</b>	natknąć się (na coś/kogoś)	I came across this precious painting while I was tidying my basement.
<b>come apart</b>	rozpadać się	We need a new bed, the old one is coming apart.
<b>come around/round</b>	odzyskać przytomność	As she was the only witness of the accident, the police officer waited till she came round to ask her some questions.
<b>come back</b>	wracać	Don't wait for me, I don't know when I'll be coming back.
<b>come down</b>	spaść	This shelf is overloaded! It may come down any minute!
<b>come down on</b>	ostro coś krytykować/ 'zjechać'	The press came down on his new play.
<b>come down with</b>	zachorować	He came down with flu and had to stay in bed.
<b>come out</b>	pojawiać się, ukazywać się	The first issue of this newspaper came out in 1956.
<b>come out with</b>	wyskakiwać z czymś	She came out with her accusations quite unexpectedly.
<b>count on</b>	liczyć na kogoś	You can always count on Jim in situation like this.
<b>cross out</b>	skreślić, wykreślić	Your essay is too long - cross some sentences out.
<b>cuddle up</b>	przytulić się	I often cuddle up to my pony when I feel unhappy.
<b>cut down</b>	ograniczyć, skrócić	I think you should cut down hours you spend in front of computer screen.
<b>cut down on</b>	ograniczyć coś	I try to cut down on sweets and coffee.
<b>cut in</b>	zajechać drogę	He cursed and slammed on the brakes as the car suddenly cut in in front of him.
<b>cut in</b>	wtrącić się, przerwać	She shows no respect to anyone - she is always cutting in! No matter who is speaking.
<b>cut off</b>	odciąć	Electricity has been cut off for the whole week.
<b>D</b>		
<b>deal with</b>	zajmować się, radzić sobie z czymś	Do you think you can deal with this sort of problem?
<b>decide on</b>	zdecydować się na coś	We have decided on holiday in Spain.
<b>delve into</b>	zagłębiać się	I don't want to delve into details concerning his death. It's too painful.
<b>depend on</b>	polegać na	You can always depend on me. The tram is late again! You really can't depend on public transport.
<b>depend on sth</b>	zależec (od czegoś)	Our decision depends on the results of the test.
<b>deprive of</b>	pozbawić czegoś	Living in the country will deprive you of all the nightlife you like so much.
<b>devote to</b>	poświęcać się	She devoted all her life to fighting for human rights.
<b>die away</b>	zanikać, cichnąć	Her voice gradually died away and there was silence again.
<b>die out</b>	wymierać, zanikać	Dinosaurs died out 65 million years ago.
<b>dig out</b>	'dokopać się' do informacji	I spent hours in the library but finally I dug out everything I needed.
<b>do away with sth</b>	pozbywać się	Why don't they do away with all these stupid rules!

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<b>do up</b>	zapiąć, zasunąć	Could you help me do up my dress?
<b>do without</b>	radzić sobie bez czegoś	I'm afraid she'll have to do without my help.
<b>drag away</b>	odwlec, odciągnąć	Drag him away from the TV somehow! He needs more exercise.
<b>drop by/in</b>	wpaść (z wizytą)	Do not hesitate to drop in whenever you're in the neighbourhood.
<b>drop off</b>	podrzucić kogoś gdzieś po drodze	I'm going to the city centre now, so if you want I can drop you off to the library.
<b>drop out</b>	rezygnować	Sue decided to drop out of school.
<b>dwell on</b>	rozpamiętywać coś	Jimmy! Stop moaning and dwelling on your past mistakes! The show must go on!
<b>E</b>		
<b>eat out</b>	zjeść na mieście	Do you feel like eating out today's evening?
<b>enter into</b>	zagłębiać się	He doesn't want to enter into details at the moment.
<b>F</b>		
<b>fade away</b>	zanikać	The ink writing has faded away and now it is barely visible.
<b>fall apart</b>	rozpadać się	Her relationship fell apart after two years. When Mark left Eve, her whole world fell apart.
<b>fall behind</b>	zostawać z tyłu	The horse started the race quite promising but then fell behind on the last bend. Tom has fallen behind in his English recently.
<b>fall for sb/sth</b>	zakochać się	I fell for her the moment I saw her for the first time.
<b>fall out</b>	pokłócić się (i zerwać znajomość)	I haven't seen him since we fell out last week. And I don't think I want to...
<b>feel for</b>	współczuć	We felt for her when her husband disappeared and left her with all his debts.
<b>fight back</b>	oddawać (w walce, bójce)	Don't stand like this! Fight back!
<b>fill (sth) up</b>	wypełnić, zappełnić	The room was filled up with people.
<b>fill sth in</b>	wypełniać	Please fill in the application form.
<b>find out</b>	dowiedzieć się	Did you find out how much he had paid?
<b>focus on/upon</b>	koncentrować się	His research focuses on developing new information technologies.
<b>fold up</b>	składać	You can fold the map up - I know where we are.
<b>fool around/about</b>	wygłupiać się	Stop fooling around with the knife or you'll get hurt.
<b>frolic about/around</b>	wygłupiać się, bawić	He loves frolicking around with his dog.
<b>G</b>		
<b>get (sb) through (sth)</b>	poradzić sobie z czymś, przejść przez coś, pomagać komuś przejść przez coś	He got through the exams and got into college.
<b>get away</b>	ucieć	I thought I would never get away from that boring guy!
<b>get away with sth</b>	uchodzić na sucho	We all knew he was lying but he managed to get away with it.
<b>get back</b>	wracać	When did you get back?
<b>get in</b>	przychodzić, przyjeżdżać	What time did you get in last night?

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<b>get in (into)</b>	wsiadać, wchodzić	How did all of you manage to get into such a small car? The doors were closed and I couldn't get in.
<b>get off (sth)</b>	wysiadać, wychodzić	To get to the museum you have to get off at fifth stop. What time do you usually get off work?
<b>get on</b>	wsiadać do/na	The bus was full so we couldn't get on.
<b>get on/along</b>	radzić sobie	How is she getting on in the marketing course?
<b>get on/along (with sb)</b>	mieć przyjazne stosunki z kimś	I and Susan get on with each other.
<b>get out</b>	wysiadać	I got out of the car and went home.
<b>get out</b>	wynosić się	Get out of my house!
<b>get out of sth</b>	wykręcać się	I don't feel like going to her parents but I can't get out of it now.
<b>get over</b>	dochodzić do siebie, pogodzić się z czymś	It took him over two years to get over his wife's death.
<b>get over</b>	znaleźć rozwiązanie problemu	There were many technical problems but they got over it.
<b>get round/around</b>	ominać problem, znaleźć rozwiązanie	We still have to get around the lack of resources.
<b>get sb down</b>	zasmucać, przygnębiać	I hate autumn. It's always getting me down.
<b>get sth back</b>	dostać coś z powrotem	Can I borrow this book? You'll get it back next week.
<b>get sth down</b>	zapisywać	Did you get her telephone number down?
<b>get through</b>	dodzwonić się	I tried to contact her but I couldn't get through.
<b>get together (with sb)</b>	spotykać się	Let's get together and talk about it.
<b>get up</b>	wstawać	Everyone got up as the president arrived.
<b>get up</b>	wstawać (z łóżka)	Mike always gets up at 7 o'clock.
<b>give back</b>	oddawać	Please give me back my CDs.
<b>give in to sb/sth</b>	poddawać się komuś, czemuś	She gave in to despair and refused to take medicine.
<b>give sb away</b>	prowadzić pannę młodą do ołtarza	The bride's father usually gives her away.
<b>give sb/sth away</b>	zdradzać	He's so self-controlled that he never gives his true feelings away.
<b>give sth away</b>	rozdawać, oddawać	Mary gave her old clothes away to poor people.
<b>give sth out</b>	rozdawać	Could you give out the leaflets to everyone?
<b>give up</b>	poddawać się	Don't give up. There's still a chance.
<b>give up sth</b>	przestać coś robić	I gave up smoking two months ago.
<b>go ahead</b>	rozpocząć	We can't go ahead with the project without him.
<b>go away</b>	wyjeżdżać, iść (sobie)	Leave me alone! Go away!
<b>go back</b>	wracać	When are you going back to Madrid?
<b>go by</b>	upływać (czas)	As time went by, her fear grew more and more.
<b>go by</b>	przechodzić	She was standing at the window and watching people go by.
<b>go down</b>	spadać	Now, as the prices went down, I can afford this car.
<b>go down</b>	zatonąć (o statku)	The Titanic went down on her virgin voyage.
<b>go off</b>	wybuchać	Two people died when a bomb went off in a shop.
<b>go off</b>	wyłączać się, gasnąć	All the lights went off when a thunderbolt hit the house.
<b>go on</b>	kontynuować, trwać	Sorry for the interruption, please go on.
<b>go out</b>	wychodzić, spotykać się z ludźmi	Mark doesn't go out much.
<b>go out</b>	wychodzić, wyjeżdżać	Let's go out for a walk.

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<b>go out</b>	gasnąć	The light went out as we sat for dinner.
<b>go out</b>	chodzić ze sobą, spotykać się	Tom and Mary have been going out for seven years.
<b>go through sth</b>	przechodzić przez coś, cierpieć	During her marriage she went through hell with her husband.
<b>go together</b>	pasować do siebie	In my opinion the dark shirt and this tie go together perfectly.
<b>go under</b>	zatonąć	After being hit with a torpedo the ship went under in few minutes.
<b>go under</b>	plajtować	My company went under and I was fired.
<b>go up</b>	rosnąć	The price of bread has gone up again.
<b>go with sth</b>	pasować	White wine best goes with fish.
<b>go with sth</b>	towarzyszyć, dziać się jako skutek czegoś	Riots usually go with unnecessary bloodshed.
<b>go without</b>	obywać się bez czegoś	You'll have to go without bonus this month.
<b>grow up</b>	dorastać	Don't behave like a child! Grow up!
<b>H</b>		
<b>hand out</b>	wydawać, wręczać	My job is to stand on the pavement and hand out leaflets to people.
<b>hand sth in</b>	oddawać, wręczać	Please finish writing and hand in the essays.
<b>hang on</b>	czekać przez chwilę	Hang on a second, I'll be right there.
<b>hang on</b>	trzymać się	Hang on or you'll fall.
<b>hang out</b>	spędzać czas	In summer a lot of young people hang out here.
<b>hang up</b>	odkładać słuchawkę	She was so annoying that I just hung up.
<b>have on</b>	mieć przy sobie	Do you have any money on you?
<b>head for</b>	iść/jechać w określonym kierunku, zmierzać do	The troops were heading for the capital city.
<b>hear from</b>	otrzymywać od kogoś wiadomość	I haven't heard from him for ages.
<b>heat up</b>	podgrzać	His rude answer heated up the discussion.
<b>heat up</b>	podgrzać	Heat the dish up before serving.
<b>hit back</b>	odgryźć się	You have to hit back after what he's told you.
<b>hold back</b>	powstrzymywać, zatrzymywać	Bodyguards had to hold back the crowd as Madonna stepped out of the car.
<b>hold on</b>	czekać chwilę	Hold on a second, I'm almost ready.
<b>hold up</b>	opóźnić	The flight to London was held up due to bad weather conditions.
<b>hook up</b>	podłączyć	Have you hooked up to the Internet yet?
<b>hurry up</b>	pośpieszyć się	Hurry up! We have to be there at 5.
<b>hush up</b>	wyciszyć (sprawę, aferę)	The government will do anything to hush it up as one of the ministers was involved in the case.
<b>I</b>		
<b>identify with</b>	utożsamiać się	Many girls try to identify with their idols.
<b>immerse in</b>	pochłaniać, zagłębiać się	After having her first baby, she was totally immersed in family life.
<b>impose sth on/upon</b>	narzucić coś	Spanish invaders imposed their culture and beliefs on native Americans.
<b>indulge in</b>	folgować sobie/ pozwalać sobie na coś	I indulged in a cup of hot chocolate in the morning.

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<b>inform on sb</b>	informować/donosić	The police have somebody here to inform on the terrorists' movements.
<b>infringe on/upon</b>	naruszać/łamać	This new law will infringe on freedom of speech, I'm afraid.
<b>inquire into</b>	wypytywać o coś/badać/dochodzić	The judge wants the deputy to inquire into the case in greater detail.
<b>insist on/upon</b>	domagać się/upierać się	Lucy insisted on seeing her lawyer before giving any answers to officer's questions.
<b>interfere with</b>	majstrować przy czymś/zakłócać	I don't want my kids to interfere with any electrical stuff that we have at home.
<b>itch for</b>	palić się do zrobienia czegoś/nie móc się doczekać	I was itching for the lesson to end, as we were supposed to have a match right after it.

## J

<b>join in</b>	przyłączać się	We're going for a picnic tomorrow. Why don't you join in?
<b>jot down</b>	zapisać coś szybko	She called the helpline and jotted down a few telephone numbers.

## K

<b>keep away</b>	trzymać się z daleka od czegoś	Keep away from him or you'll get into trouble.
<b>keep on</b>	kontynuować, robić coś dalej, bez przerwy	Why you always keep on asking me about Mark? I don't want to talk about him!
<b>keep up (with)</b>	nadążać, być na bieżąco	I can't keep up with computers, it's all changing too fast for me.
<b>kick back</b>	relaksować się	Tonight I just want to kick back in front of TV.
<b>kick off</b>	rozpocząć mecz (piłki nożnej)	What time do they kick off?
<b>kick off</b>	zrzucić buty	She rushed into the house, kicked off her shoes and ran upstairs.
<b>knock down</b>	potrącić (o samochodzie)	She is in hospital after being knocked down by a car.
<b>knock out</b>	zwałać z nóg	All these drinks yesterday just knocked me out. His doctor gave him some tranquilizers that have knocked him down.
<b>know of</b>	wiedzieć o czymś, znać	Do you know of any Italian restaurants in Paris?
<b>knuckle down</b>	przysiąść nad czymś	He usually does nothing all year round and knuckles down right before the exam.

## L

<b>land up</b>	'wylądować'	He landed up living in a cardboard box under the bridge.
<b>laugh at</b>	śmiać się z czegoś	What are you laughing at?
<b>lavish on/upon</b>	nie szczędzić, nie żałować	His parents lavish a lot of money and attention on his education.
<b>lay off</b>	zwalniać	Many people working in this factory were laid off without previous notice.
<b>leave out</b>	opuszczać, pomijać	Prepare the list carefully, I don't want anyone to be left out.
<b>let down</b>	zawodzić	You let me down again, I can't trust you any more.
<b>let out</b>	wypuszczać, pozwolić iść	The classes finished earlier but we were not let out before 3 o'clock.
<b>line up</b>	ustawić w rzędzie	She lined up her books on the shelf.
<b>litter with</b>	zasypać, zapełnić	His inaugural speech was littered with cliches and empty rhetoric.
<b>log in/on</b>	zalogować się, włączyć do sieci	I can't log in, I forgot the password.

## Phrasal Verbs

źródło: [www.ang.pl](http://www.ang.pl)

Wszystkie prawa zastrzeżone

# Phrasal Verbs

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<b>log out/off</b>	wylogować się, wyłączyć się z sieci	Please log out and turn the computer off.
<b>look after</b>	opiekować się, pilnować	We need to find someone to look after the kids when we're out tomorrow evening.
<b>look around</b>	rozglądać się	Look around and check if you find something interesting for you.
<b>look at</b>	przyglądać się, patrzeć	What are you looking at?
<b>look back</b>	spoglądać w przeszłość	When I look back, I must admit that I don't regret anything in my life.
<b>look down on sb</b>	pogardzać, parzyć z góry	She looks down on people of lower financial status than hers.
<b>look for</b>	szukać	I'm looking for a room to rent. Do you know of any in this area?
<b>look forward to</b>	cieszyć się na coś, bardzo czekać na	I'm looking forward to hearing from you soon.
<b>look into</b>	badać, przyglądać się	The police are looking into the cause of the accident.
<b>look out</b>	uwagać	Look out!
<b>look out for</b>	uwagać na	Look out for your bag or someone will steal it.
<b>look through</b>	przeoglądać	She looked through the fashion magazines but found nothing interesting.
<b>look up</b>	sprawdzać	Could someone look up this word in a dictionary?
<b>loom ahead</b>	'wisieć' nad kimś	I can't fully relax with my exams looming ahead.
<b>loom up</b>	wyłaniać się, majaczyć	The castle's gloomy silhouette loomed up in the horizon.
<b>M</b>		
<b>make for</b>	poruszać się w kierunku czegoś	He tried to make for the exit but was too drunk to reach it.
<b>make it up to sb</b>	wynagradzać	They helped me so much... I don't know how I am going to make it up to them.
<b>make of</b>	myśleć o, sądzić o	What do you make of Peter? I think he's very intelligent.
<b>make out</b>	zrozumieć, dostrzec, dosłyszeć	I know this song but they sing so fast that I have never managed to make the words out.
<b>make up</b>	robić makijaż	I always make up before I leave house.
<b>make up</b>	wymyśleć	I wouldn't believe her! I bet she has made the story up!
<b>make up for</b>	nadrabiać, rekompensować	She spends so much probably making up for the years when she was penniless.
<b>match up</b>	pasować, zgadzać się	They will have to be interrogated once again as their stories proved not to match up.
<b>melt down</b>	topić	Put some butter on the pan and wait till it melts down. Then add onion rings.
<b>merge in</b>	wtapiać się	She watched him for a while but then he merged in the crowd.
<b>mess about/around</b>	nie robić nic specjalnego, kręcić się bez celu	Will you stop messing around and start working?
<b>mess with</b>	eksperymentować	Do not mess with mixing alcohol.
<b>mess with sb</b>	zadzierać z kimś	Do not mess with him! He is eager to solve problems with his fists.
<b>mete out</b>	wymierzać	The court meted out such severe penalty that even the victim was stunned.
<b>move in</b>	wprowadzać się	I didn't like this flat when I moved in but now I think it's quite cosy.
<b>move out</b>	wyprowadzać się	We have to move out till the end of the month.
<b>mull over</b>	myśleć, zastanawiać się	I hate going shopping with her! She mulls over everything for hours and then buys nothing.

Phrasal Verbs

Wszystkie prawa zastrzeżone

źródło: [www.ang.pl](http://www.ang.pl)

# Phrasal Verbs

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<b>N</b>		
<b>nail down</b>	zmusić kogoś, przycisnąć	She told us just the news - we will need to nail her down to reveal more details.
<b>name after</b>	nazwać po kimś	Jacky was named after her grandmother.
<b>narrow down</b>	zawęzić	We wanted to narrow down the list of candidates for the elections.
<b>nod off</b>	przysnąć, zdrzemnąć się	He usually nods off in front of the TV.
<b>nose about/around</b>	szukać/węszyć	Call the security! Somebody was nosing around in my office.
<b>note down</b>	notować/zapisywać	Please note down the following emergency numbers.
<b>O</b>		
<b>object to</b>	sprzeciwiać się, oponować	The President objected to the idea of further cuts in defence spending.
<b>P</b>		
<b>pass away</b>	umierać, odchodzić	The old lady passed away yesterday at ten.
<b>pass by</b>	przechodzić, przejeżdżać obok	Every day I pass by this shop when I'm on my way to work.
<b>pass on</b>	przekazać	Have you passed on the message I sent you?
<b>pass out</b>	zemdleć	It was so stuffy in the room that I wasn't surprised at all that some people passed out.
<b>pay back</b>	oddać dług	I will pay you back next week. Is that OK?
<b>pay off</b>	spłacić	I hope to pay this loan off before the deadline.
<b>pay sb back</b>	odpłacić się, odegrać się	I'm going to pay him back for all these stinging remarks.
<b>pick out</b>	wybrać	We spent hours looking for presents and finally picked out some books.
<b>pick up</b>	podnosić	Sue picked up the phone and dialled her boyfriend's number.
<b>pick up</b>	nauczyć się (bez formalnych lekcji)	I picked up a lot of new words during my trip to London.
<b>pick up</b>	odebrać, zabrać	Will you pick me up from the station on Monday?
<b>pin down</b>	przycisnąć kogoś	He didn't tell me much. We will need to pin him down to details.
<b>piss off</b>	wkurzać (slang)	She was absolutely pissed off with his behaviour.
<b>plug in</b>	podłączyć (np. do kontaktu)	I haven't plugged in the TV yet, I just bought it.
<b>point out</b>	wskazać, zwrócić uwagę	She pointed out common writing mistakes her students should be aware of.
<b>polish up</b>	szlifować, odświeżyć	His Spanish is not bad but he should polish it up a bit.
<b>print out</b>	wydrukować	Could you please print out this document for me?
<b>pull down</b>	zburzyć	They had to pull down the old building to built a new shopping centre there.
<b>pull in</b>	wjeżdżać na stację	The train from Manchester is pulling in on platform 1.
<b>pull in</b>	zjeżdżać na pobocze	I need a break, I'll pull in over there and we'll have some rest.
<b>pull out</b>	wyjeżdżać ze stacji	A train has just pulled out of the station.
<b>pull out</b>	włączać się do ruchu	Can you imagine it? I had to wait 5 minutes to pull out!
<b>pull up</b>	zatrzymać się, zaparkować	A blue car has just pulled up near the cinema.

Phrasal Verbs

źródło: [www.ang.pl](http://www.ang.pl)

Wszystkie prawa zastrzeżone

# Phrasal Verbs

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<b>put back</b>	odłożyć na miejsce	Remember to put back the CDs when you don't listen to them.
<b>put back</b>	odkładać	I'm afraid we have to put back our appointment.
<b>put back</b>	cofać wskazówki zegara, przestawiać godzinę	Remember to put back your watch when you'll land in London.
<b>put down</b>	kłaść	Put down your bags and let's go to the kitchen.
<b>put down</b>	ośmieszać kogoś, upokarzać	How could you put me down in front of all these people?!
<b>put down to</b>	złożyć na karb czegoś	She was unbearable yesterday but we put it down to the problems she has in her marriage.
<b>put forward</b>	przesunąć wskazówkę do przodu, zmienić czas na późniejszy	We put the clocks forward in spring.
<b>put off</b>	odkładać, przełożyć na inny termin	Can you put off the meeting? I need to talk to you.
<b>put off</b>	odstręczać, zniechęcać	Oh yeah, he is handsome but his manners put me off!
<b>put on</b>	zakładać (na siebie)	It's quite cold so you'd better put on your coat.
<b>put on</b>	zapalić (światło)	Put on the light please.
<b>put out</b>	gasić (światło, ogień, etc.)	Put out the lights, I'm tired and want to go sleep. Put the cigarette out, it's non-smoking area.
<b>put up with</b>	znosić	How do you put up with him? He's so irritating.
<b>R</b>		
<b>ramble on</b>	głędzić, rozwlekać	I almost fell asleep when he started rambling on about his childhood.
<b>reach out</b>	sięgnąć po coś	Could you reach out to press this button, please.
<b>read out</b>	czytać na głos	Now I will read out the names of our competition winners.
<b>reduce to</b>	sprowadzać, doprowadzać do	Their accusations reduced her to tears.
<b>refer to</b>	wspominać, odnosić się do czegoś	In his academic writing he always refers to Professor Johnson's research.
<b>refer to</b>	odnieść, odwołać się do czegoś	Refer to user's handbook if you have any problems with the programme.
<b>relate to</b>	odnosić się, być powiązany	This book relates to the case of JFK's assassination.
<b>rely on/upon</b>	polegać na	He relies on her common sense in situations like this one.
<b>remind of</b>	przypominać, kojarzyć	She reminds me of a girl I knew years ago.
<b>resort to</b>	ucieć się do czegoś	To gain their goals they even resorted to violence.
<b>result in</b>	skutkować	His negligence resulted in severe health problems.
<b>ring back</b>	zadzwoić ponownie	She can't talk at the moment, can you ring back later?
<b>ring up</b>	dzwonić, telefonować	Ring me up in the evening.
<b>round down</b>	zaokrąglić w dół	They rounded it down to \$3000.
<b>round up</b>	zaokrąglić w górę	Round it up to 50 zlotys, please.
<b>rub out</b>	wytrzeć	You can write in pencil so if anybody wants to correct something just rub it out and write once again.
<b>rule out</b>	wykluczyć	The police had ruled him out as a suspect.
<b>run across</b>	spotkać, wpaść na kogoś przypadkiem	She run across her old love when she was buying present for her husband.
<b>run away</b>	uciekać	Run away or they'll beat you up.
<b>run down</b>	'zjechać'	The press will run the Congress down for passing this bill.

## Phrasal Verbs

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Wszystkie prawa zastrzeżone

# Phrasal Verbs

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<b>run into</b>	spotkać kogoś przypadkiem	You won't believe whom I ran into this morning!
<b>run into</b>	natrafiać	You'll run into problems if you take this case.
<b>run out</b>	kończyć się, brakować	We've run out of the paper for printing. Time's running out, we've got only 2 minutes left. I ran out of butter in the morning so I had to go shopping.
<b>run up</b>	podbiec	I ran up to him and gave him a hug.
<b>S</b>		
<b>sail through</b>	zrobić coś z łatwością	She sailed through all the examinations. We sailed through the passport control.
<b>save up</b>	zaoszczędzić	I want to save up for a new computer.
<b>screw up</b>	zepsuć, zniszczyć	You'd better not screw it up this time.
<b>scribble down</b>	nabazgrać, bazgrać	You can't scribble down like that - nobody can read it.
<b>see off</b>	odprowadzać kogoś	All my friends came to see me off at the airport.
<b>see through</b>	przejrzeć (podstęp)	I didn't see her through and now I'm toasted.
<b>sell out</b>	wyprzedawać	A bookstore sold out his new book in just few hours.
<b>send in</b>	wysyłać, nadsyłać	Please send in application forms before the end of the month.
<b>set off</b>	wyruszyć, rozpocząć podróż	We set off early in the morning.
<b>set out</b>	wyruszać, rozpoczynając podróż	We are planning to set out at about 8.
<b>settle down</b>	osiedlić się, zamieszkać na stałe	He thinks it is high time to settle down and start a decent life.
<b>shoot down</b>	zastrzelić, zestrzelić	Three enemy planes have been shot down during the battle.
<b>show off</b>	popisywać się, przechwalać się	What a jerk! All he can do is just showing off!
<b>show up</b>	pojawiać się	We'd been waiting for him 2 hours and he didn't show up.
<b>sign in</b>	zapisać się, wpisać na listę	First of all you have to sign in at reception.
<b>sign out</b>	wypisać się	Don't forget to sign out before you leave.
<b>sign up</b>	zapisać się	John has signed up for almost all classes. When will he find time for that?
<b>slip away</b>	wymknąć się	Go for it! Don't let that opportunity slip away!
<b>slow down</b>	zwalniać	You're driving too fast, please slow down.
<b>sort out</b>	porządkować, rozwiązywać (problem)	She needs to sort out things concerning their relationship.
<b>speak for</b>	mówić za kogoś	Speak for yourself. I hate this place.
<b>speed up</b>	przyspieszać	Speed up, we can't drive so slow on a highway.
<b>splash out</b>	'szarpnąć się', zaszaleć	She needed some entertainment so decided to splash out in the city centre.
<b>split up</b>	rozejść się	I'm not with Susan any more, we split up two weeks ago.
<b>spread out</b>	rozciągać się	The forests spread out to the horizon.
<b>stake on</b>	stawiać na szali, ryzykować	He staked his own reputation on and decided to support the strike.
<b>stand back</b>	odsunąć się	The police told everyone to stand back.
<b>stand by</b>	być w gotowości	The antiterrorist squads are standing by behind this building.
<b>stand for</b>	oznaczать, znaczyć	Do you know what CNN stands for?
<b>stand up for</b>	trwać przy swoich przekonaniach, zasadach	You should always stand up for your beliefs.

## Phrasal Verbs

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Wszystkie prawa zastrzeżone

# Phrasal Verbs

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<b>start over</b>	zaczynać coś od nowa	I made so many mistakes that I better start everything over again.
<b>stave off</b>	zapobiec czemuś	In this climate you should drink a lot of water to stave off dehydration.
<b>stay away</b>	trzymać się z dala	You'd better stay away from my brother.
<b>stay in</b>	zostać w domu	I don't feel like going out today, I'll stay in.
<b>stay out</b>	być poza domem do późna	I don't mind if he stays out but yesterday he went too far.
<b>stay out of</b>	trzymać się z dala	Stay out of any troubles or you'll get back to jail.
<b>stay up</b>	nie kłaść się, iść do łóżka później	Tom stayed up till 3 in the night to watch the final NBA play.
<b>stem from</b>	wyrastać z czegoś, mieć początek	His shyness stems from his low self-esteem.
<b>stick to</b>	trzymać się czegoś	It looks yummy but I need to stick to my diet, you know...
<b>stock up</b>	zaopatrzyć się	I think we should stock up with beer - your friends are coming tonight...
<b>stoop to</b>	zniżyć się do czegoś	I don't think Sally would stoop to sharing the details of their intimate life with tabloids.
<b>strike back</b>	bronić się, zaatakować kogoś	If we attack them, they will strike back for sure.
<b>sum up</b>	podsumować	To sum up our discussion - we need to hire two more people.
<b>switch off</b>	wyłączyć	Switch off the radio before you leave.
<b>switch on</b>	włączać	Switch on the TV, there's weather forecast in few minutes.

## T

<b>take aback</b>	zaskoczyć	I was taken aback when I heard Sue married Tom.
<b>take after</b>	być podobnym (do kogoś w rodzinie)	Peter takes after his father, he's very tall.
<b>take away</b>	zabierać, odbierać	Mary took away a knife from her child.
<b>take back</b>	oddawać, zwracać	Adam took his new trousers back as he discovered a flaw on them.
<b>take back</b>	cofać (co się powiedziało o kimś)	I admit that I was wrong about Helen. I take back everything I said about her.
<b>take in</b>	nabierać	She was taken in by his lofty promises.
<b>take off</b>	wystartować	When I was young I loved watching planes take off.
<b>take off</b>	naśladować, parodiować	She is really good at taking her teacher off.
<b>take off</b>	zdejmować, ściągać	He was so tired that he didn't even take his clothes off.
<b>take on</b>	zatrudniać	Our company wants to take on two new programmers.
<b>take out</b>	usuwać	He had his tooth taken out.
<b>take over</b>	przejmować (obowiązki)	I wonder who will take over from me when I'm on long holiday.
<b>take to</b>	polubić	I took to her the moment I saw her smile.
<b>take up</b>	brać/zabierać się za coś	Sue's taken up basketball recently.
<b>tell apart</b>	odróżnić	They ceased fire as it was too dark to tell allies apart from enemies.
<b>tell off</b>	opierniczyć	He told me off for not being ready with the project yet.
<b>throw away</b>	wyrzucać	When will you finally throw away this old coat?
<b>throw in</b>	dorzucić coś gratis	If you buy this coat, madam, we will throw the gloves in.
<b>touch down</b>	lądować	The plane touched down safely and on time.
<b>track down</b>	wyśledzić, wytropić	They managed to track down that stolen jewellery from the Royal Collection.
<b>traffic in</b>	szmuglować, rozprowadzać	They were charged with trafficking in drugs.

## Phrasal Verbs

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Wszystkie prawa zastrzeżone

# Phrasal Verbs

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<b>trigger off</b>	pociągać za sobą	This street fight may trigger off more serious events.
<b>try on</b>	przymierzać	Try on the red blouse, I think it suits better.
<b>try out</b>	wypróbować	We're trying out a new computer system in our company.
<b>turn back</b>	zawracać	After two days we had no money and had to turn back.
<b>turn down</b>	odrzuć (propozycję)	Mark asked Susan to marry him but she turned him down.
<b>turn in/into</b>	zamienić się w, przeistoczyć się	You wouldn't recognize her - she has turned into a dedicated women rights fighter.
<b>turn off</b>	wyłączać	Turn off the radio please, I'd like to read.
<b>turn on</b>	włączać	Turn on the TV, the game starts in few minutes.
<b>turn out</b>	okazać się	It turned out that we've bought the same skirt.
<b>turn to</b>	zwracać się (z prośbą)	He turned to the judge to postpone the date of the trial.
<b>turn up</b>	pojawić się, znaleźć się	He disappeared as quick as he had turned up.

## W

<b>wake up</b>	obudzić się	He woke up too late and had to leave without breakfast.
<b>wash up</b>	zmywać	I hate washing up.
<b>watch out</b>	uwagać	Watch out! You are not allowed to walk here without proper equipment!
<b>wind down</b>	rozluźnić się, zrelaksować	I like to wind down watching movies with my friends.
<b>write down</b>	zapisywać	Would you like to write down my address?

## Y

<b>yank out</b>	wyszarpnąć/ wyciągnąć	He fought for a while with the cord but finally yanked out the plug from the socket.
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